



Ronald McDonald
House Charities®
Greater Cincinnati

Family Resource Guide



When caring for a sick child it can be difficult to take time to research and find assistance. Sometimes you need support that we are unable to provide. The following information and list of resources is intended to help with that. These organizations are not affiliated with us but have been beneficial for families in the past and have been used by similar organizations.

Categories

- Financial
- Travel/Transportation
- Food/Clothing
- Caregiver Support
- Child/Youth Support
- Mental Health
- Specific Diagnosis
- Hotlines
- Nearby Activities

If you have any questions or need assistance, please feel free to call our Managers on Duty at 513-559-4692/4693.

Download the RMH Cincy app for free for more information and resources.

You can also reach out Cincinnati Children's Family Resource Center at 513-636-5009. They also have a list of resources and support.

Financial Assistance



Department of Jobs and Family Services (OH)

Develops and supervises the state's public assistance programs, including unemployment, childcare and child support services, among various other services.

<https://jfs.ohio.gov> 614-466-6282



National Foundation for Credit Counseling

Nonprofit dedicated to improving people's financial well-being. Have one-on-one financial reviews for money management and debt.

<https://www.nfcc.org> 888-968-0752



Cabinet for Health and Family Services (KY)

Organization that provides programs, services and supports that protect and promote the health and well-being of all Kentuckians and their communities.

<https://www.chfs.ky.gov> 502-564-5497



USAC Lifeline Support

Federal program that lowers the monthly cost of phone or internet service.

www.lifelinesupport.org 800-234-9473



Bureau For Family Assistance (WV)

Provides services and support that help West Virginians overcome barriers to stability and self-sufficiency. For example, Medicaid and food benefits.

<https://dhr.wv.gov> 304-205-6357



Low Income Home Energy Assistance Program (LIHEAP)

Keeps families safe through initiatives that assist families with energy costs, through federally funded assistance.

www.acf.hhs.gov 202-401-9351



InsureKidsNow

Assist with setting up free or low-cost health and dental coverage through Medicaid and the Children's Health Insurance Program (CHIP).

www.insurekidsnow.gov 877-543-7669



The Assistance Fund

Helps patients and families facing high medical out-of-pocket costs by providing financial assistance.

<https://tafcares.org> 855-845-3663



MBA Open Door Foundation

Foundation created to help vulnerable families with critically ill/injured children stay in their homes while in treatment.

www.mbaopensdoors.org 202-557-2929



NextJob

Nationwide reemployment solutions company, that provides high-quality job coaching and online learning.

www.nextjob.com 877-290-7888



UnitedHealthcare Children's Foundation

Foundation that provides medical grants that enhance the quality of life for children across the United States.

<https://www.uhccf.org> 855-698-4223

Travel and Transportation Assistance



Lifeline Pilots

Coordinates free air transportation, through volunteer pilots, for passengers with medical needs far from home.

<https://lifelinepilots.org> 800-822-7972



Patient Airlift Services (PALS)

Arranges free flights for medical patients who cannot afford or are unable to fly commercially.

<https://palservices.org> 631-694-7257



Corporate Angel Network

Help cancer patients access the best treatment centers in the US by arranging free travel on corporate aircraft.

www.corpangelnetwork.org 914-328-1313



Mercy's Medical Angels

Helps arrange transportation with gas cards, bus and train tickets and with flights (either volunteer or commercial).

www.mercymedical.org 757-318-9174



Angel Flight

Arrange free transportation for medically related needs. Interactive map on website to find pilot in your state.

www.angelflight.com 918-749-8992



Uber/Lyft

Transportation companies that provide ride-hailing services. Both are available in the App Store and Google Play.

Food and Clothing Assistance



Goodwill

Thrift stores throughout the country that offer a variety of clothes and other household goods. Also provide community-based programs.

www.goodwill.org 513-771-4800
(Cincy Location)



The Healing Center

Provides over 50 unique services designed to help people meet their practical, emotional and financial needs.

healingcentercincinnati.org 513-346-4080



Salvation Army

Have thrift stores throughout the country and offer other assistance programs, like rent/utility assistance.

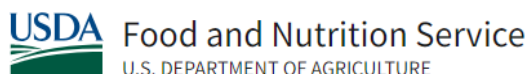
www.salvationarmyusa.org 800-728-7825



St. Vincent de Paul

Offers a wide range of programs from food and nutrition programs to health and wellness, and basic needs.

www.svdpcincinnati.org 513-562-8841



SNAP/EBT

Federal food assistance program that helps with the cost of food. Is used in all 50 states, but there are some restrictions on where it can be used.

<https://www.fns.usda.gov/snap/ebt>

Caregiver Support



Center for Effective Parenting

Has training and services focused on enhancing parents' knowledge, skills, and attitudes regarding parenting.

<https://parenting-ed.org> 501-364-7580



LOTSA Helping Hands

App that allows you to join/make a community for your family and patient. Has a calendar feature and a place to post photos and announcements. Available in the App Store and Google Play.

lotsahelpinghands.com



Justia Lawyers

Provides lawyer, legal aid, and services by state and city. Covers most legal needs and price is based on who you get in contact with.

www.justia.com/lawyers



Parent to Parent USA

National network of programs to ensure access to quality emotional support for families of individuals with special health care needs.

www.p2pusa.org



National Responsible Fathering Clearinghouse

National resource for fathers, programs, and public at-large who are serving or interested in supporting strong fathers and families.

www.fatherhood.gov 877-432-3411



Parent Connex

Connect families to resources and provide discounted parent coaching and assistance.

beechacres.org/parent-connex-families



Family Caregiver Alliance

Provides services to family caregivers for adults, like care planning, wellness programs and respite services.

www.caregiver.org



Aubrey Rose Foundation

Help families caring for children with life-threatening illnesses by providing emotional and financial support.

aubreyrose.org 513-265-5801



Family Reach

Provides non-medical financial support to families facing cancer. Work with community organizations to remove barriers standing between cancer patients and treatment.

familyreach.org 857-233-2764



Care.com

App and website used to connect families with quality, local caregivers. Can get child, senior care, housekeeping and tutoring. Available in App Store and Google Play.

www.care.com

Children/Youth Support



A Kid Again

Offers free local events and activities called Adventures for families who have a child facing a life-threatening condition.

<https://akidagain.org> 614-797-9500



Make a Wish

Grants life-changing wishes that can be a game-changer for a child going through a critical illness.

<https://wish.org> 513-745-9474



Special Wish Foundation

Organization dedicated to granting wishes of children between birth and 20 years old who have been diagnosed with a life-threatening illness.

www.aspecialwishneo.org 877-770- 9474



Sibling Support Project

National program dedicated to the life-long concerns of brothers/sisters with mental health and developmental needs.

<https://siblingssupport.org> 425-362-6421



Pathways

Provides free tools to maximize all children's motor, sensory, and communication development.

pathways.org 800-955-2445



Center for Courageous Kids

Camp program that lets kids participate in fun experiences that they may not be able to elsewhere. Also have family camps/programs.

www.courageouskids.org 270-618-2900



Victory Junction

Camping experience that is exciting, fun and empowering at not cost to children or their families.

<https://victoryjunction.org> 336-498-9055



a seriousfun camp

Flying Horse Farms

Medical specialty camp that provides experiences at no cost for kids with serious illnesses to heal, grow, and thrive.

flyinghorsefarms.org 419-751-7077



Cincinnati Children's Family Resource Center

Have plethora of other resources while you are in Cincinnati for treatment.

www.cincinnatichildrens.org 513-636-5009

Mental Health Support



National Alliance for Children's Grief

National organization of professionals dedicated to supporting children and the networks/communities surrounding them.

<https://nacg.org> 866-432-1542



CopingSpace

An online resource and support site offering coping strategies and tips related to a child's life-changing illness/injury.

<https://copingspace.org>



Hamilton County Mental Health and Recovery

Develop and manage mental health, addiction, and prevention services that are accessible and positively impact the community.

www.hcmhrsb.org 513-558-8888



National Child Traumatic Stress Network

Organization that raises standard of care and improves access to services for traumatized children, families and their communities.

<https://www.nctsn.org> info@nctsn.org



National Alliance on Mental Illness

Nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

<https://www.nami.org> 703-524-7600

Diagnosis Specific



May We Help

Provides free-of-cost support through volunteer led, innovative solutions and access to adaptive solutions. They also donated the sensory chairs throughout the House.

<https://maywehelp.org> 513-834-6443



Redtreehouse

Resource database that has information and programs by diagnosis and other needs. Used by RMHs throughout the US.

www.redtreehouse.org



March of Dimes

Through research, programs and advocacy, their supporters enable them to be there for parents throughout their pregnancies.

www.marchofdimes.org 888-663-4637



CanCare

Online support community created to provide hope and healing to individuals living with cancer.

www.cancare.org 713-461-0028



Project NICU

Dedicated to supporting families with children in the NICU and the medical professionals who care for them.

www.projectnicu.com

support@projectnicu.com



Pacer Center

Improves educational opportunities and enhances the quality of life for children/young adults with disabilities and their families.

www.pacer.org 952-838-9000



LittleWins

Community dedicated to connecting families looking to repurpose durable medical equipment whether buying, selling or donating.

littlewins.com 224-246-3552



Live Like Bella

Foundation committed to being an internationally recognized leader in childhood cancer research and advocacy.

livelikebella.org 786-505-3914



Bold and Brave

Provide families a place to call home when cancer forces them to be brave. For proton therapy patients at CCHMC Liberty Campus.

boldandbravekids.org 513-360-6687

Hotlines



211 Hotline

A confidential service that connects people to local community services, like housing, utility bills and mental health resources.

www.211.org dial 211



Trevor Project

Suicide prevention organization that provides 24/7 crisis support services, research and advocacy for LCGBTQ+ young people.

www.thetrevorproject.org 212-695-8650



Suicide and Crisis Lifeline

One-on-one assistance from a skilled judgement-free counselor there to provide compassionate support.

988lifeline.org dial 988



Domestic Violence Hotline

24/7/365 assistance for tools and support to help survivors of domestic violence so they can live their lives free of abuse.

www.thehotline.org 800-799-7233

WARMLINE.ORG



We're all EARS

Warmline

Peer specialists who can offer hope, strength and knowledge for mental health issues and/or substance use disorders.

www.warmline.org 513-931-9276



RAINN

Nation's largest anti-sexual violence organization. Has partnerships with more than 1,000 local sexual assault service providers.

<https://rainn.org> 800-656-4673

If you feel in danger or in need of immediate assistance or help, please call 911.

Nearby Activities

Cincinnati Zoo and Botanical Garden

3400 Vine St, Cincinnati, OH 45220

CincinnatiZoo.org; 513-281-4700

Complimentary tickets are available at the Welcome Desk and the Concierge Services desk at Cincinnati Children's. *Standard tickets prices vary, check the website or call.*

Hours vary on the time of year and the season

Takes around 3-4 hours to walk the entire zoo. There are several indoor exhibits and areas for kids. Can rent strollers or wheelchairs if needed. Can be very crowded during the summer, holidays, and weekends.



Cincinnati Museum Center

1301 Western Ave, Cincinnati, OH 45203

Cincymuseum.org; 513-270-7000

Up to 4 complimentary tickets are available at Welcome Desk (with 24-hour notice) and Concierge Services desk at CCHMC.

Hours: 10am-5pm (closed Tuesday and Wednesday)

Great children's area inside with a lot of interactive elements. Some exhibits and activities may require an additional ticket. Also, have special holiday exhibits.



Cincinnati Observatory

3489 Observatory Pl, Cincinnati, OH 45208

Cincinnatiobservatory.org; 513-321-5186

Up to 4 complimentary tickets available at Concierge Services desk at Cincinnati Children's. Check their website for additional ticket prices.

Hours: open by appointment, need to call for hours

Known as "Birthplace of American Astronomy," and tours are highly recommended and well-reviewed.



Behringer-Crawford Museum

1600 Montague Rd, Covington, KY 41011

Bcmuseum.org; 859-491-4003

Tickets: \$9 Adult, \$5 Child, \$8 Senior (60+)



Hours: 10am-5pm (Tuesday-Saturday) 1pm-5pm (Sunday). Closed on Mondays and hours vary around holidays.

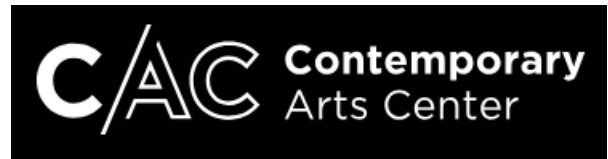
Center for collection, presentation, study, and enjoyment of natural and cultural local history.

Contemporary Art Center

44 Sixth St E, Cincinnati, OH 45202

Contemporaryartscenter.org; 513-345-8400

Admission is Free!



Hours: 10am-7pm (Thursday-Friday) 10am-4pm (Saturday-Sunday). Closed Monday-Wednesday.

Have various galleries for different art styles as well as a multigenerational learning space.

University of Cincinnati Recreation Center

2820 Bearcat Way, Cincinnati, OH 45221

Uc.edu/campusrec; 513-556-0604

Complimentary passes are available at the Welcome Desk, but they do not include parking.



Hours: 6am-9pm (Monday-Friday) 8am-9pm (Saturday) 10am-9pm (Sunday). Hours may be affected by UC events, holidays, and school breaks.

State of the art fitness and recreation facility with various workout rooms, gymnasium space, Indoor Track, and Climbing Wall.

American Sign Museum

1330 Monmouth Ave, Cincinnati, OH 45225

Americansignmuseum.org; 513-541-6366

Tickets: \$20 Adult, \$15 Senior, 3 Children (12 and under) are free with each paid adult

Hours: 10am-4pm (Wednesday-Sunday), Closed Monday-Tuesday

Collection of over a century of American signage, from pre-electric signs to neon and everything in between.



Cincinnati Fire Museum

315 West Court St, Cincinnati, OH 45202

Cincyfiremuseum.com; 513-621-5553

Tickets: \$10 Adult, \$5 Children (ages 2-6), \$8 Children (7-17)

Hours: 10am-4pm Tuesday-Saturday, Closed Monday and Sunday

Highlights the significant contributions that Cincinnati has made to the firefighting profession. Cincinnati is the birthplace of professional firefighting.



National Underground Railroad Freedom Center

50 East Freedom Way, Cincinnati, OH 45202

Freedomcenter.org; 513-333-7500

Tickets: \$16.50 Adult, \$11.50 Children (3-12), Children under 3 are Free

Hours: 10am-5pm Wednesday-Sunday, Closed Monday-Tuesday

Through permanent and traveling exhibits, Freedom Center shares the stories of Freedom's heroes, from the era of the underground railroad to contemporary times.



Cincinnati Reds Hall of Fame and Museum

100 Joe Nuxhall Way, Cincinnati, OH 45202

Mlb.com/reds/halloffame; 513-765-7823

Tickets: \$12 Adult, \$10 Students (13-18), Kids under 12 are Free

Hours: 10am-5pm Non-Game Days, Game Day hours differ

Record, preserve, and promote the rich history and traditions of the Cincinnati Reds. Honor on-field accomplishments and achievements and create an everything memorial to baseball and the Reds.



Newport on the Levee

One Levee Way, Newport, KY 41071

Newportonthelevee.com; 859-291-0550

Hours: Vary on day of the week and the business



**NEWPORT
ON THE LEVEE**

Variety of different shops and activities, including a decent selection of restaurants, an arcade, a movie theater and the Newport Aquarium.

Krohn Conservatory

1501 Eden Park Dr, Cincinnati, OH 45202

Cincinnati-oh.gov; 513-421-4086

Tickets: Contact for Prices (vary by time of year and events)

Hours: 3-8pm Monday, 10am-8pm Tuesday-Sunday

Located in Eden Park, has several greenhouses with different plant "themes" and unique art-styles. Has art deco designs and artwork throughout.



Great Parks of Hamilton County*

Winton Woods

10245 Winton Rd, Cincinnati, OH 45231

Trails, fishing, playgrounds, golfing and picnic areas.
Parking pass available at the Welcome Desk.



Sharon Woods

11450 US-42, Cincinnati, OH 45241

Fishing, boating, golfing, hiking and picnic/recreation areas. *Parking pass available at the Welcome Desk.*

Glenwood Gardens

10397 Springfield Pike, Cincinnati, OH 45215

Beautiful trails and gardens, interactive kids' area called Discovery Center. *Parking pass available at the Welcome Desk.*

Local Parks*

Ault Park

5090 Observatory Cir, Cincinnati, OH 45208

Picnic Facilities, Nature Trails, Children play areas and gorgeous gardens

Eden Park

950 Eden Park Dr, Cincinnati, OH 45202

Includes Art Museum, Cincinnati Playhouse and Krohn Conservatory

Summit Park

4335 Glendale Milford Rd, Cincinnati, OH 45242

Walking trails, fishing pond, Observation Tower and large playground.

**All parks are open from dawn to dusk.*